



Pinehurst Primary School

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Experience, Excel and Enjoy

Dear Parents and Carers

We have been advised of a case of COVID-19 within our school community.

I would like to take time to reassure you that we have taken all necessary actions since hearing this information to keep all children at our school as safe as possible. **The case is a contact of the Year 4 bubble.** The children and staff in the Year 4 bubble are now self-isolating for 10 days from the last contact and the school has been cleaned appropriately.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/or-by-phoning-119>.

Thank you for your continued support, patience and vigilance at this time.

Yours sincerely

Miss K Morris
Headteacher



