



SNAIL PINWHEEL SANDWICH

2 slices whole wheat bread or a wrap 1 tablespoon sunflower butter 1 tablespoon soft cheese

spread 2 slices Ham/Turkey/Chicken or some lettuce leaves

INSTRUCTIONS

- Using 2 pieces of bread, cut the crust/edges off. With a rolling pin, roll one slice of bread at a time.
- Roll about 2x , so it's thinned out and flat. Do this again for the second piece of bread.
- Spread with butter and lay lettuce leaves or cold meat onto one piece of bread. Then spread the cheese spread onto the other piece. Lift the piece with the cheese spread on it, and lay in on top of the lettuce.
- Then lift one edge and start rolling from one end to the other end. (It may get a little messy, just wipe off the excess)Using a serrated knife, cut in half, then cut both pieces into halves. 4pieces.
- (Cut with knife in a back and fourth motion, and don't press straight down. This will squish the pinwheel.) Decorate to look like snails...



