

**"Thinkuknow"** websites for advice about staying safe when you are on a phone, tablet or computer, use this link to access the site. <u>https://www.thinkuknow.co.uk/</u>

Use this link to go direct to the parents/ carers part of the website

https://www.thinkuknow.co.uk/parents/

School Contact Number 07858 739336 for Emergencies

215

106

80

212

225

218

69

73.98%

83.33%

82.31%

85.77%

89.26%

89.64 % 😂

72.41 % 🙁

3

4

4

5

5

6

6

Hazel

Chestnut

Holly

Maple

Sycamore

Birch

Willow



## IT IS ESSENTIAL THAT WE ALL WORK TOGETHER AND FOLLOW THESE COVID19 REMINDERS

Please ensure that you distance from other adults and families at drop off and pick up.

One adult per child at drop off / pick up please.

Once you have dropped off or collected your child please leave as quickly as possible. We need to avoid congestion at the gates and on the playground. Your cooperation with this is much appreciated.



## IMPORTANT

Face coverings are advised at pick up / drop off please.

No unnecessary items including large school bags or pencil cases in school at this time please. Please ensure that your child on brings a SMALL bag on book return and issue days.

Pinehurst PE Kit to be worn 1 allocated day per week.

Please bring a named water bottle to school each day.

Alternate lunches of hot and cold options, children may bring a packed lunch if this is their preference.

Due to ventilation requirements, if your child is cold in school they should wear extra layers. This may include a vest or additional layer under their polo shirt, or a school or navy fleece over their sweatshirt. We will consider scarves and fingerless gloves as the term progresses and update you.

If your child has a COVID symptom of a cough, high temperature (above 37.8 degrees) or a loss of taste or smell they <u>must stay off school</u> and get tested for COVID19.

Once the test results are in, school must be informed. If it is during school hours please call the office 0151 263 1300, if it is outside school hours please call or text 07858 739336.

IMPORTANT Please ensure the school office has up to date contact numbers for you.

Coronavirus: The full list of jobs which are

If your child or a family member tests positive for COVID19 please inform school.



Everyone in the Pinehurst Family would like to wish Ms L Kelly a long and happy retirement. Thank you for your dedication and commitment to Pinehurst. Keep in touch and enjoy retirement!



Keeping Healthy

Children's experiences of mealtimes and food can stay with them for a lifetime. If healthy food and eating habits are usual in your house and at school then children are more likely to adopt these later on in life.

Some simple suggestions to encourage healthy eating:

- ~ Children learn by example. So one of the most important things is for your child to see others enjoying eating healthily.
  - ~ Enjoy fruit and vegetables.

~ Areas used for eating should be clean, warm and bright, and should be free from distractions such as television and toys.

~ Encourage children to choose the food they are going to eat for themselves, and to try new foods.

~ Mealtimes should be sociable occasions. Sitting down with others to eat and talk is important.

~ Get cooking together. This will get children interested in food and help them learn how to make healthy tasty meals from scratch.



## A Recommended Read this week...

We would like to recommend one of our favourite books, an all time classic, The Tiger Who Came to Tea by Judith Kerr.

It's the story of Sophie, her mother and the tiger who invites himself for tea. Who would expect to see a tiger when they answer the door? And who would expect that tiger to stay for tea?

It's a warm and funny picture book that's still as a good a read today as it was when it was first published more than fifty years ago.

Tweet us your recommended reading @PinehurstP #PinehurstReading



If you require a computer device for homework and / or home learning and have not been provided with one please contact school.