

7<sup>th</sup> January 2022



# THE PINEHURST PRESS

Experience ~ Excel ~ Enjoy

A weekly newsletter to share the news of Pinehurst Primary School

## Teaching and Learning



### Design Technology - Cooking and Nutrition

As part of their work with food, pupils should be taught how to cook and apply the principles of nutrition and healthy eating. Instilling a love of cooking in pupils will also open a door to one of the great expressions of human creativity. Learning how to cook is a crucial life skill that enables pupils to feed themselves and others affordably and well, now and in later life.

Pupils are taught to:

- ♣ use the basic principles of a healthy and varied diet to prepare dishes
  - ♣ understand where food comes from.
- ♣ understand and apply the principles of a healthy and varied diet
- ♣ prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques
- ♣ understand seasonality, and know where and how a variety of ingredients are grown, reared, caught and processed.

**Our monthly Cook-A-Longs support our pupils and families to continue this at home. Return the slip below to get involved in January's Cook-A-Long of Meatballs and Pasta**

Leading DT at Pinehurst is Miss Hinchcliffe. Leading our Food Technology enrichment is Mrs Wright.

quote of the week



School Contact Number 07858 739336 for Emergencies only



### January Cook-A-Long

I would like a Meatballs and Pasta Cook-A-Long ingredients pack.

Name: \_\_\_\_\_

Class: \_\_\_\_\_

Please return by Tuesday 11<sup>th</sup> January

Ingredients packs will be sent home Wednesday 19<sup>th</sup> January

## SOCIAL DISTANCING



IT IS ESSENTIAL THAT WE ALL WORK TOGETHER AND FOLLOW THESE COVID19 REMINDERS

Please ensure that you distance from other adults and families at drop off and pick up.

One adult per child at drop off / pick up please.

Once you have dropped off or collected your child please leave as quickly as possible. We need to avoid congestion at the gates and on the playground. Your cooperation with this is much appreciated.



### IMPORTANT

Face coverings are advised at pick up / drop off please.

No unnecessary items including large school bags or pencil cases in school at this time please. Please ensure that your child on brings a SMALL bag on book return and issue days.

Pinehurst PE Kit to be worn 1 allocated day per week.

Please bring a named water bottle to school each day.

Alternate lunches of hot and cold options, children may bring a packed lunch if this is their preference.

**Due to ventilation requirements, if your child is cold in school they should wear extra layers. This may include a vest or additional layer under their polo shirt, or a school or navy fleece over their sweatshirt. We will consider scarves and fingerless gloves as the term progresses and update you.**

If your child has a COVID symptom of a cough, high temperature (above 37.8 degrees) or a loss of taste or smell they must stay off school and get tested for COVID19.

Once the test results are in, school should be informed. If it is during school hours please call the office 0151 263 1300, if it is outside school hours please call or text 07858 739336.

### IMPORTANT

**Please ensure the school office has up to date contact numbers for you.**



Admissions for Reception in September 2022

**Deadline 15<sup>th</sup> January 2022**

All Nursery children must still apply.



### New Year Resolutions

A New Year's resolution is a tradition, most common in the Western Hemisphere but also found in the Eastern Hemisphere, in which a person resolves to change an undesired trait or behaviour, to accomplish a personal goal or otherwise improve their life.

What are your resolutions?

**We're here for you.**

A reminder that we are here to help and support our Pinehurst Family in any way we can.

Please do not hesitate to get in touch if you require any help or support.



### Spring Term 2022

Starts: Wednesday 5<sup>th</sup> January 2022

INSET Day: Wednesday 5<sup>th</sup> January 2022

Pupils return Thursday 6<sup>th</sup> January

Half term: Monday 21<sup>st</sup> to Friday 25<sup>th</sup> February 2022

Ends: Friday 8<sup>th</sup> April

Easter break: Monday 11<sup>th</sup> April to Friday 22<sup>nd</sup> April