



# Pinehurst Primary School

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Headteacher: Miss K Morris Deputy Headteacher: Mr D Briscoe

## *Experience, Excel and Enjoy*

### Wellbeing Newsletter March 2021

#### Book Recommendation



A creative spirit learns that thinking "ish-ly" is far more wonderful than "getting it right" in this gentle new fable from the creator of the award-winning picture book.

<https://www.youtube.com/watch?v=qZKoDRhmWxk>

#### Top Website



Learn important first aid skills.

Meet six characters as they use their first aid skills to help others. You can watch films and take part in activities to learn and practice first aid skills. You'll also learn about kindness, how to cope and keep calm, and how to keep yourself safe.

<https://firstaidchampions.redcross.org.uk/primary/>

#### Activity Time

##### Pretend to be nature pirates

How much hidden loot can you fit in your miniature treasure chest? Look out for mini discarded snail shells, tiny twigs, small shiny pebbles and little petals and leaves. Set a time limit and see who will be the winner!



Credit: Phil Formby / WTML

<https://www.woodlandtrust.org.uk/blog/2020/04/nature-activities-for-kids-to-do-at-home-part-two/>

International Day of Happiness



20 March

@dreamstime.com

<https://www.dayofhappiness.net/#new>

A reminder that if you are struggling at this time we are here to help.

Contact Ms Wigelsworth in confidence if you require some support for your family.

If you require help or support we have an emergency contact number of: 07858 739336

**WE ARE  
HERE  
TO HELP**



We're working towards Artsmark Awarded by Arts Council England